



Sales list 8/1 - 8/14

Bulk Department	Product Name	Size	Sale	Coupons
Bulk	Organic Raw Cashews	per pound	9.99	
Bulk	Organic Green Lentils	per pound	1.99	
Bulk	Organic Pinto Beans	per pound	1.99	
Golden Temple	Granola	per pound	2.99	
Refrigerated	Product Name	Size	Sale	Coupons
Rumiano	Organic Cheese	8 oz.	3.99	
Brown Cow	Yogurt	5.3 oz.	4/\$3	\$1.00 off any three 5.3 oz.
Brown Cow	Yogurt	32 oz.	2/\$6	
Follow Your Heart	Grapeseed Oil Vegenaize	16 oz.	4.99	
The Greek Gods	Yogurt	24 oz.	2/\$6	
Kevita	Organic Probiotic Drink	15.2 oz.	2.39	
Nancy's	Yogurt	4 pounds	5.99	
Organic Valley	Organic Lactose Free Milk	64 oz.	4.99	
Redwood Hill Farm	Goat Milk Kefir	32 oz.	4.99	
So Delicious	Coconut Milk Yogurt	24 oz.	4.99	
Tofurky	Tempeh Strips	7 oz.	3.39	75¢ off any item
Tofurky	Vegetarian Hot Dogs	14 oz.	4.39	75¢ off any item
Upton's	Jackfruit	10.6 oz.	4.69	
Frozen	Product Name	Size	Sale	Coupons
Cascadian Farm	Frozen Vegetables	10 oz.	2/\$4	
Coolhaus	Ice Cream Sandwich	5.8 oz.	2/\$7	
Daiya	Dairy Free Pizza	15.7 - 19.4 oz.	6.99	
Earth's Best	Mini Waffles	9 oz.	2.99	
Earth's Best	Chicken Nuggets	8 oz.	3.99	
Earth's Best	French Toast Sticks	12.7 oz.	3.39	
Food For Life	English Muffins	16 oz.	4.39	
Gardein	Meat Free Entrees	9 - 12.7 oz.	3.99	
Gardein	Meat Free Pocket Meals	14.1 oz.	4.39	
Ling Ling	Potstickers	13 oz.	4.39	
Ling Ling	Mini Egg Rolls	11 oz.	3.99	
Rudi's	Organic Bread	22 - 24 oz.	3.99	
Rudi's	Organic Spelt Bread	20 oz.	4.39	
Rudi's	Gluten Free Bread	18 oz.	4.39	
Rudi's	Organic Hot Dog Buns	12 oz.	3.39	\$1.00 off any buns
So Delicious	Coconut Milk Ice Cream Bars	4 pack	3.99	
Sweet Earth	Breakfast Sandwich	9.8 oz.	2/\$7	
Talenti	Gelato	16 oz.	3.99	
Grocery	Product Name	Size	Sale	Coupons
Annie's Homegrown	Graham Crackers	14.4 oz.	3.69	\$1.00 off any two Graham Crackers
Annie's Homegrown	Organic Pasta	15 oz.	2.19	
Annie's Homegrown	Deluxe Mac & Cheese	10 oz.	3.39	



Over 100 more deals on our shelves!

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Grocery	Product Name	Size	Sale	Coupons
Annie's Homegrown	Deluxe Gluten Free Mac & Cheese	11 oz.	3.69	
Annie's	Salad Dressing	16 oz.	4.39	
Annie's	Salad Dressing	8 oz.	2.19	
Annie's	Organic Salad Dressing	8 oz.	2.69	
Annie's	Organic Vegan Worcestershire Sauce	6.25 oz.	2.99	
Annie's	Organic BBQ Sauce	12 oz.	2.99	
Annie's	Organic Mustard	9 oz.	2.99	
Annie's	Organic Ketchup	24 oz.	2.69	
Arrowhead Mills	Pancake & Waffle Mix	26 oz.	3.99	
Arrowhead Mills	Gluten Free Pancake & Waffle Mix	26 oz.	5.69	
Aunt Patty's	Organic Tamarind Paste	12 oz.	6.69	
C2O	Coconut Water	17.5 oz.	3/\$5	
C2O	Coconut Water with Pulp	17.5 oz.	3/\$5	
California Olive Ranch	Extra Virgin Olive Oil	25.4 oz.	11.99	
Luna	Luna Energy Bars	1.48 - 1.69 oz.	5/\$5	
Eden	Toasted Sesame Oil	5 oz.	4.39	
Eden	Organic Beans	29 oz.	2.69	
Nature's Path	Organic Cereal Bars	6 oz.	2.69	
Nature's Path	Organic Cereal	10 - 14 oz.	2.99	
Essentia	Electrolyte Enhanced Water	1 Liter	2/\$3	
Fantastic Foods	Vegetarian Taco Filling	3.7 oz.	2.39	
Fantastic Foods	Falafel Mix	8 oz.	2.39	
Frontera	Skillet Sauces	8 oz.	1.79	
Garden of Eatin'	Tortilla Chips	7.5 - 8.1 oz.	2/\$4	
Glutino	Gluten Free Pretzels	6 - 8 oz.	2.99	
Guayaki	Organic Mate Drinks	15.5 oz.	2/\$4	
Hansen's	Soda	6 pack	2.69	
Heavenly Organic	Organic Raw Honey	12 oz.	6.39	
Heavenly Organic	Organic Honey Patties	1.16 - 1.2 oz.	0.99	
Honest Tea	Organic Tea	16 oz.	4/\$5	
Honest Tea	Organic Tea	59 oz.	2/\$5	
Jovial	Organic Whole Grain Pasta	12 oz.	1.99	
Jovial	Organic Brown Rice Pasta	12 oz.	2.69	
Jovial	Organic Brown Rice Lasagna Noodles	9 oz.	3.39	
Justin's	Peanut Butter Squeeze Packs	1.15 oz.	0.39	
Justin's	Almond Butter Squeeze Packs	1.15 oz.	5/\$5	
Justin's	Maple Almond Butter Spread	16 oz.	9.99	
Justin's	Chocolate Hazelnut Butter Spread	16 oz.	9.99	
Justin's	Pretzel Snack Pack	1.3 oz.	1.69	
Kettle	Avocado Oil Potato Chips	4.2 oz.	2/\$4	
Kind	Healthy Grain Bars	5 pack	2.99	
Larabar	Organic Superfood Bar	1.6 oz.	4/\$5	
Late July	Organic Cheddar Crackers	5 oz.	2.39	
Late July	Organic Mini Sandwich Crackers		2.69	
Lundberg	Organic Sprouted Rice	1 lb.	3.39	
Mamma Chia	Chia Squeeze Snacks	3.5 oz.	1.39	
Nature's Path	Organic Toaster Pastries	11 oz.	2.99	
Newman's Own	Sandwich Cookies	13 oz.	3.69	
Newman's Own	Organic Raisin	15 oz.	5.39	
One Degree	Organic Cereal	8 - 23 oz.	3.69	
Pamela's	Gluten Free Bars	1.41 oz.	4/\$5	
Pamela's	Gluten Free Pancake Mix	24 oz.	5.69	
Pamela's	Gluten Free Chocolate Cake Mix	21 oz.	4.69	

\$1.00 off any four items



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Pamela's	Gluten Free Frosting Mix	12 oz.	3.69	
Pamela's	Gluten Free Buttermilk Pancake Mix	12 oz.	4.39	
Pamela's	Gluten Free Pumpkin Bread Mix	16 oz.	5.39	
Pamela's	Gluten Free Spice Cake Mix	18 oz.	4.39	
Pro Bar	Energy Bars	3 oz.	2/\$4	
R.W. Knudsen	Organic Juice Box	32 oz.	2/\$6	
R.W. Knudsen	Organic Juice Box	4 pack	2/\$5	
Stretch Island	Fruit Leather	.5 oz.	5/\$2	
Stretch Island	Organic Fruit Leather	.5 oz.	2/\$1	
Surf Sweets	Gummy Bears	2.75 oz.	1.99	
Surf Sweets	Gummy Worms	2.75 oz.	1.99	
Surf Sweets	Jelly Beans	2.75 oz.	1.99	
Surf Sweets	Sour Berry Bears	2.75 oz.	1.99	
Taste Nirvana	Coconut Water	9.5 oz.	2/\$4	
Taste Nirvana	Coconut Water	23.6 oz.	3.99	
Zevia	Zero Calorie Soda	6 pack	3.29	
Newman's Own	Dog Treats	10 oz.	3.39	
Newman's Own	Canned Cat Food	5.5 oz.	2/\$3	

Wellness	Product Name	Size	Sale	Coupons
Alba Botanica	Facial Wash	8 oz.	7.99	
Alba Botanica	Facial Scrub	4 oz.	8.99	
Alba Botanica	Moisturizer	3 oz.	11.99	
Alba Botanica	Sunscreen	4 oz.	6.99	\$1.50 off any sun care item
Alba Botanica	After Sun Lotion	8.5 oz.	7.99	
Alba Botanica	Kukui Massage Oil	8.5 oz.	6.99	
Alba Botanica	Shampoo	12 oz.	6.99	
Alba Botanica	Conditioner	12 oz.	6.99	
Dr. Bronner	Toothpaste	5 oz.	3.99	
Dr. Bronner	Liquid Soap, Assorted Scents	2 oz.	2/\$3	
Dr. Bronner	Citrus Orange Liquid Soap	8 oz.	4.99	
Dr. Bronner	Citrus Orange Liquid Soap	16 oz.	6.99	
Dr. Bronner	Citrus Orange Bar Soap	5 oz.	2.99	
Elemental Herbs	All Good Goop Healing Balm	1 oz.	6.99	
Essential Oxygen	Organic Brushing Rinse	16 oz.	7.99	
Essential Oxygen	Food Grade Hydrogen Peroxide	16 oz.	5.99	
Preserve	Triple Razor Blade	1 pk.	5.99	
Preserve	Triple Razor Refills	4 pk.	5.99	
Schmidt's	Deodorant Stick	3.25 oz.	6.99	
Schmidt's	Deodorant	2 oz.	6.99	
Thayer's	Witch Hazel	12 oz.	6.99	
The Honest Company	Shampoo	10 oz.	7.99	
The Honest Company	Conditioner	10 oz.	7.99	
Tom's of Maine	Mouthwash	16 oz.	4.99	
Tom's of Maine	Fluoride Free Toothpaste	5.5 oz.	3.99	
Ener-C	Powdered Drink Mix	30 ct.	11.99	
Natrol	Melatonin	90 tabs	6.99	
Natural Vitality	Natural Calm Anti-Stress Drink	8 oz.	14.99	
Nutiva	Organic Hempseed Oil	8 oz.	7.99	



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