

**Half Sandwich \$4.50**
 **Whole Sandwich \$7.75**
 **Peanut Butter & Jelly \$3.50**

### Bread Choices Choose 1

- Beck's Rustic Country Sliced
- Beck's Semolina Sliced
- North Coast Co-op Sourdough Sliced
- Beck's Whole Wheat Sliced
- Beck's Rye Sliced

**Only available as a whole sandwich**

- Alvarado Street Sprouted Bread
- Brio Focaccia Roll
- Brio Lady Bug Rolls

### Option Without Gluten

- Teff wraps

### Wraps (whole only)

- Tomato
- Whole Wheat
- Spinach

### Condiments

- Mayonnaise
- Organic Vegan Mayonnaise
- Organic Brown Mustard
- Organic Olive Oil
- Organic Red Wine Vinegar
- Vegan Chipotle Aioli
- Honey Mustard contains egg
- Larrupin Dill Mustard
- Yellow Mustard
- Horseradish
- Salt
- Organic Black Pepper

### \$1 Extras

- North Coast Deli Hummus
- Organic Avocado
- Organic Cranberry Sauce
- Bacon (2 slices)
- Nonna Lena's Vegan Pesto

**name:**

**phone:**

**pick-up time:**

**sandwich made by:**

### Vegetables

- Organic Lettuce
- Organic Spinach
- Organic Tomato
- Organic Red Onions
- Organic Carrots
- Organic Cucumbers
- Dill Pickle
- Pepperoncinis
- Jalapeño
- Black Olives

### Protein Choices Choose 1

*(Extra portion add \$2)*

- Roast Beef
- Ham
- Salami
- Pastrami
- Tuna Salad
- Bacon (4 slices)
- Diestel Oven Roasted Turkey
- Diestel Smoked Turkey
- Diestel Honey Turkey
- Diestel Herb Roasted Turkey

### Alternative Fillings

Choose 1 (Extra portion add \$2)

- Organic Smoked Tofu Shop Tofu
- Grilled Organic Tofu Shop Tofu
- North Coast Deli Hummus
- North Coast Deli Grilled Veggies
- Organic Avocado

### Cheese Choose 1

*(Extra portion add \$1)*

- Organic American
- Cream Cheese
- Jack
- Havarti
- Muenster
- Organic Cheddar
- Pepper Jack
- Provolone
- Smoked Gouda
- Smoked Cheddar
- Swiss

**Phone Ahead 443-6027**

**Fax Ahead 443-1209**

FAXED orders must have name & phone #  
Please call to confirm fax order