

# Eureka Hot Bar Menu

Lunch & Dinner

Open daily 11 am-7pm | Hot Bar meals are \$9.99/lb | Condiments are included with the weight

## Monday

Vegan Shepherd's Pie  
Turkey Meatloaf  
Mac N Cheese  
Kale with Paprika  
Mashed Potatoes

## Tuesday

White Bean Chili  
Pot Roast  
Mac N Cheese  
Braised Red Cabbage  
Potato Wedges

## Wednesday

Pasta with Marinara  
Chicken Marsala Stew  
Spinach and Mushroom Lasagna  
Italian Greens  
Creamy Polenta

## Thursday

Spicy Tomato Bean Medley  
Moroccan Chicken  
Mac N Cheese  
Curried Cauliflower  
Cous Cous

## Friday

Palak Tofu  
Chicken Vindaloo  
Mac N Cheese  
Roasted Beets  
Aloo Gobi

## Saturday

### Chef's Choice!

Mac N Cheese  
Kale with Paprika  
Potato Wedges

## Sunday

Vegan Shepherd's Pie  
Turkey Meatloaf  
Mac N Cheese  
Roasted Carrots with Lemon & Herbs  
Potato Wedges

### Goodness Bowl Menu



1. Choose your base
2. Pick your toppings
3. Sauce it up!

### Every Day Grains



Quinoa

White Rice

Brown Rice

### Every Day Toppings

Roasted Veggies  
Chickpeas  
Black Beans  
Baked Marinated Tofu  
Shredded Pork  
Shredded Chicken

### Every Day Sauces

Chipotle Salsa  
Fire Roasted Salsa  
Teriyaki Sauce  
Yellow Curry  
Green Curry  
Korean BBQ Sauce

**Hot to-go sandwiches and soups  
are available every day!**

  
**NORTH COAST  
CO-OP**

Menu items subject to change