

APRIL IS MEMBER APPRECIATION MONTH!

MEMBER SPECIALS

APRIL 1 - APRIL 7

20% OFF ROOT + BONES SUPPLEMENTS

APRIL 8 - APRIL 14

20% OFF FISH BROTHERS SMOKED SALMON

APRIL 15 - APRIL 21

20% OFF FERREIRA STRAWBERRY MILK 32 OZ

APRIL 22 - APRIL 28

20% OFF POPCORN TOFU

MEMBERS SAVE 10% ON ANY ONE SHOPPING TRIP

Seeds
FOR CHANGE
Round-up Program

Plant the seeds for a better community!
Round up your purchase to the nearest dollar at the register to benefit this month's featured community organization:



LEARN MORE

CO-OP DEALS & SAVINGS

OFFERS GOOD THROUGH APRIL 30, 2024

MEATS & CHEESE



Organic Valley Pepper Jack Cheese
8 oz.
Reg. \$7.69
\$5.49



Diestel Smoked Turkey Breast Sliced
6 oz.
Reg. \$6.99
\$4.69



Violife Sliced Provolone Plant-Based
7.1 oz.
Reg. \$6.99
\$4.79

REFRIGERATED



Cocojune Strawberry & Rhubarb Coconut
4 oz.
Reg. \$2.99
\$2.19



Hail Merry Meyer Lemon Tart
2.5 oz.
Reg. \$6.49
\$4.49



Vital Farms Grade A Large Eggs
1 dozen
Reg. \$7.99
\$5.99

FROZEN



Deep Foods Cilantro Pesto Nann Pizza
7.4 oz.
Reg. \$6.69
2/\$9



Field Roast Mini Corn Dogs
10 oz.
Reg. \$8.99
\$5.99



Woodstock Farms Petite Peas
10 oz.
Reg. \$3.99
\$2.69

Celebrating 50 years of cooperation since 1973!

811 I Street Arcata, CA (707) 822-5947 | 25 4th Street Eureka, CA (707) 443-6027
Open daily 7am-9pm | www.northcoast.coop

NORTH COAST
CO-OP

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www.northcoast.coop/connect

Look for these logos in store for more great deals!

coop basics **coop deals**

We Own It!
Member Co-op

We'd love for you to become a member! Visit Customer Service to join.

WELLNESS



**Giovanni
2Chic Shampoo
or Conditioner**
8.5 oz.
Reg. \$9.99

BOGO
Buy one, get one
free.



**Sappo Hill
Oatmeal Soap**

3.5 oz.
Reg. \$2.99

BOGO
Buy one, get one free.
Limit 2 BOGO offers
per customer.



**Bach
Rescue Pastilles**

50 count
Reg. \$14.99

BOGO
Buy one, get one
free.



**Kettle
Salted Potato
Chips**

5 oz.
Reg. \$4.69

2/\$6



**Kind
Dark Chocolate
Cherry Bar**

1.4 oz.
Reg. \$1.99

3/\$5



**R.W. Knudsen
Very Veggie Juice**

32 oz.
Reg. \$5.49

2/\$7

GROCERY



**Annie's
Homegrown Shells
& White Cheddar**

6 oz.
Reg. \$4.99

2/\$6



**C2O
Pure Coconut
Water**

17.5 oz.
Reg. \$2.99

2/\$4



**Cascadian Farm
Cinnamon Crunch
Cereal**

9.2 oz.
Reg. \$5.79

2/\$8



**Louisville
Maple Bacon
Vegan Jerky**

3 oz.
Reg. \$7.49

\$5.49



**Patagonia
Smoked Mussels**

4.2 oz.
Reg. \$7.49

\$4.99



**Proud Source
Spring Water**

25.3 oz.
Reg. \$2.79

2/\$4



**Equal Exchange
Earl Grey
Tea**

20 bags
Reg. \$6.49

2/\$7



**Garden of Eatin'
Blue Corn Tortilla
Chips**

5.5 oz.
Reg. \$4.49

\$2.79



**Jovial
Cannellini Beans**

13 oz.
Reg. \$3.99

2/\$5



**Quinn
Peanut Butter
Nuggets**

7 oz.
Reg. \$6.69

\$3.99

MEMBER ONLY DEALS



**Cholula
Hot Sauce**

5 oz.
Reg. \$4.99

\$3.99



**Jolly Llama
Mango Sorbet**

4 count
Reg. \$6.69

\$5.49



**Nora Snacks
Spicy Tempura
Seaweed**

1.6 oz.
Reg. \$3.99

\$3.29



**Santa Barbara
Martini Olives**

5 oz.
Reg. \$5.99

\$4.29

NEW AT THE CO-OP



**Rao's
Homemade Five
Cheese Pizza**

Classic five-cheese pizza done Rao's style—brick oven crust with a decadent blend of whole milk cheeses.



**Mother-In-Law
Vegan Napa
Cabbage Kimchi**

This vegan version is packed with flavor—tangy, savory, bright and citrusy with the heat you're looking for in a kimchi.



**Pacific Seafood
Crispy Battered
Halibut**

This delicious, lightly battered, high-quality halibut is perfect for fish tacos, fish sandwiches, or fish and chips.



**Seventh
Generation Free &
Clear Dish Liquid**

19 oz.
Reg. \$5.69

2/\$7