



# CO-OP DEALS & SAVINGS

OFFERS GOOD THROUGH FEBRUARY 4, 2025

## WELLNESS



**Enzymedica Digest Basic**

30 ct.  
Reg. \$10.49  
**\$5.99**



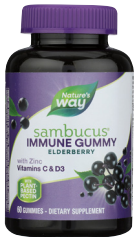
**Flora Udos Adult Blend Probiotics**

60 ct.  
Reg. \$28.99  
**\$21.99**



**Flora Flax Oil**

8.5 oz.  
Reg. \$15.99  
**\$11.99**



**Nature's Way Sambucus Elderberry Gummies**

60 ct.  
Reg. \$24.99  
**\$14.99**



**Tera's Whey Dark Chocolate Whey Protein**

12 oz.  
Reg. \$26.99  
**\$17.99**



**Wiley's Finest Wild Alaskan Fish Oil Peak EPA**

30 ct.  
Reg. \$37.99  
**\$23.99**

## MEATS & CHEESE



**Organic Valley Ricotta**

15 oz.  
Reg. \$8.49  
**\$5.49**



**Field Roast Chao Creamy Original Cheese Slices**

7 oz.  
Reg. \$7.49  
**\$4.99**



**Ithaca Lemon Dill Hummus**

10 oz.  
Reg. \$5.69  
**\$3.99**

Celebrating over 50 years of cooperation since 1973!

811 I Street Arcata, CA (707) 822-5947 | 25 4th Street Eureka, CA (707) 443-6027  
Open daily 7am-9pm | www.northcoast.coop



# REFRIGERATED



**Brown Cow  
Cherry Vanilla  
Cream Top Yogurt**

5.3 oz.  
Reg. \$1.19

**5/\$5**



**Kalona  
4% Cottage  
Cheese**

16 oz.  
Reg. \$7.49

**\$5.49**



**Lightlife  
Soy Tempeh**

8 oz.  
Reg. \$4.29

**\$3.39**



# FROZEN



**Actual Veggies  
Black Bean  
Veggie Burger**

12 oz.  
Reg. \$7.99

**\$5.99**



**Field Roast  
Plant Based  
Breakfast Sandwich**

7.16 oz.  
Reg. \$5.99

**\$3.99**



**Pitaya Foods  
Dragonfruit  
Cubes**

12 oz.  
Reg. \$4.99

**\$3.49**



# GROCERY



**Angie's  
Sweet & Salty  
Kettlecorn**

7 oz.  
Reg. \$4.99

**\$2.79**



**Boulder Canyon  
Sour Cream &  
Chive Potato Chips**

6.5 oz.  
Reg. \$4.99

**2/\$6**



**Bragg's  
Unfiltered Apple  
Cider Vinegar**

32 oz.  
Reg. \$8.99

**\$5.49**



**Cascadian Farms  
Honey Nut O's  
Cereal**

9.5 oz.  
Reg. \$5.79

**2//\$8**



**Equal Exchange  
Extra Dark Panama  
Chocolate Bar**

2.8 oz.  
Reg. \$6.69

**2/\$4.99**



**Garden of Eatin'  
Blue Tortilla Chips  
Party Size**

16 oz.  
Reg. \$8.49

**\$4.99**





**Imagine  
Free Range  
Chicken Broth**

32 oz.  
Reg. \$4.69



**2/\$7**



**Near East  
Garlic & Herb  
Pilaf**

6.3 oz.  
Reg. \$3.69

**3/\$7**



**Larabar  
Lemon Bar**

1.6 oz.  
Reg. \$2.49

**4/\$5**



**Muir Glen  
Fire Roasted  
Diced Tomatoes**

14.5 oz.  
Reg. \$4.49



**2/\$4**



**Pacific  
Creamy Tomato  
Soup**

32 oz.  
Reg. \$6.49



**2/\$9**



**Poppi  
Raspberry Rose  
Prebiotic Soda**

12 oz.  
Reg. \$2.49

**2/\$4**

# MEMBER ONLY DEALS



**Wild Planet  
Sardines in Oil &  
Lemon**

4.4 oz.  
Reg. \$3.49

**4/\$9**



**Simple Mills  
Sea Salt Almond  
Flour Crackers**

4.25 oz.  
Reg. \$6.49

**\$4.99**



**Sunbutter  
Sunflower Nut  
Butter**

16 oz.  
Reg. \$12.99



**\$10.49**



**Yachak  
Passion Fruit  
Yerba Mate**

16 oz.  
Reg. \$2.69



**2/\$4**



**Olly Women's  
Multivitamin  
Blissful Berry**

90 ct.  
Reg. \$19.99

**\$12.99**



**Suckerpunch  
Dill Pickle  
Spears**

24 oz.  
Reg. \$9.49

**\$6.49**





# JANUARY IS: MEMBER APPRECIATION MONTH

MEMBERS SAVE 10% ON ANY ONE SHOPPING TRIP

## JANUARY IS MEMBER APPRECIATION MONTH!

### MEMBER SPECIALS

**JANUARY 6 - JANUARY 12**

BEECHER'S FLAGSHIP CHEDDAR 60Z \$6.99

**JANUARY 13 - JANUARY 19**

COASTLINE FISHERIES  
LOCAL LINE CAUGHT ROCKFISH \$3 OFF/LB

**JANUARY 20 - JANUARY 26**

25% OFF NAVEL ORANGES

**JANUARY 27 - FEBRUARY 2**

COBRAM ESTATES EXTRA VIRGIN  
OLIVE OIL 25.4OZ \$14.99

### Plant the seeds for a better community!

Round up your purchase to the nearest dollar at the register to benefit this month's featured community organization:

**Seeds**  
FOR CHANGE  
Round-up Program



**Humboldt Wildlife Care Center  
Bird Ally X**



### Stay Connected!

Join our email list to have local sales at North Coast Co-op delivered to your inbox!  
[www.northcoast.coop/connect](http://www.northcoast.coop/connect)

Look for these logos in store for more great deals!

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basics

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deals

We Own It!  
Member-Owned

We'd love for you to become a member! Visit Customer Service to join.