



Sandwich & Wrap Order Form

Signature Sandwiches

<input type="checkbox"/> Half Sandwich \$5.00	<input type="checkbox"/> Whole Sandwich \$8.25
Bread Choices Choose 1	Vegetables
<input type="checkbox"/> NC Co-op Sliced Sourdough <input type="checkbox"/> NC Co-op Sliced French <input type="checkbox"/> NC Co-op Sliced Whole Wheat <input type="checkbox"/> NC Co-op Sliced Rye	<input type="checkbox"/> Lettuce* <input type="checkbox"/> Spinach* <input type="checkbox"/> Tomato* <input type="checkbox"/> Red Onion* <input type="checkbox"/> Cucumber* <input type="checkbox"/> Carrot* <input type="checkbox"/> Dill Pickle <input type="checkbox"/> Black Olives <input type="checkbox"/> NC Co-op Candied Jalapeños* <input type="checkbox"/> Peppercinins
Only available as a whole sandwich <input type="checkbox"/> NC Co-op Sourdough Roll <input type="checkbox"/> NC Co-op Challah Roll, contains eggs	
Gluten-Free Options Only available as a whole sandwich <input type="checkbox"/> Gluten Free Sliced Bread <input type="checkbox"/> Teff wraps	Cheese or Avocado Choose 1 (Extra portion add \$1)
Wraps (whole only) <input type="checkbox"/> Whole Wheat	<input type="checkbox"/> Avocado* <input type="checkbox"/> Chao Cheese, Vegan <input type="checkbox"/> Cheddar <input type="checkbox"/> Cream Cheese <input type="checkbox"/> Monterey Jack <input type="checkbox"/> Muenster <input type="checkbox"/> Pepper Jack <input type="checkbox"/> Provolone <input type="checkbox"/> Smoked Cheddar <input type="checkbox"/> Smoked Gouda <input type="checkbox"/> Swiss
Condiments <input type="checkbox"/> Mayonnaise <input type="checkbox"/> Vegenaise* <input type="checkbox"/> NC Co-op Chipotle Aioli, Vegan <input type="checkbox"/> Brown Mustard* <input type="checkbox"/> NC Co-op Honey Mustard, contains egg <input type="checkbox"/> Larrupin Mustard-Dill Sauce <input type="checkbox"/> Yellow Mustard <input type="checkbox"/> NC Co-op Hummus <input type="checkbox"/> NC Co-op Ranch Dressing <input type="checkbox"/> Horseradish <input type="checkbox"/> Olive Oil* <input type="checkbox"/> Red Wine Vinegar* <input type="checkbox"/> Sea Salt <input type="checkbox"/> Black Pepper*	Filling Choices Choose 1 (Extra portion add \$2)
\$1 Additional Condiments <input type="checkbox"/> NC Co-op Spinach, Walnut Pesto, Vegan <input type="checkbox"/> NC Co-op Onion Jam	<input type="checkbox"/> Grilled Vegetables* <input type="checkbox"/> Pickled Carrot/Daikon Radish <input type="checkbox"/> Tofu Shop Marinated Tofu* <input type="checkbox"/> Bacon (4 slices), Uncured No Nitrates Added <input type="checkbox"/> Diestel Oven Roasted Turkey, Nitrate-Free <input type="checkbox"/> Diestel Smoked Turkey, Nitrate-Free <input type="checkbox"/> Diestel Herb Roasted Turkey, Nitrate-Free <input type="checkbox"/> Niman Ham, Uncured No Nitrates Added <input type="checkbox"/> Premiere Pastrami <input type="checkbox"/> Premiere Roast Beef <input type="checkbox"/> Salami <input type="checkbox"/> Tuna Salad, Sustainable, Line caught <input type="checkbox"/> NC Co-op Popcorn Tofu
*Organic name: phone: pick-up time: sandwich made by:	\$2 Additional Filling Choice (when available) <input type="checkbox"/> See Daily Selection
Phone Ahead Eureka 443-6027 Ext. 498 Phone Ahead Arcata 822-5947 Ext. 298	

Picante Pickle Patch \$8.99
PLU 1800
 Pickled carrot* and daikon radish*, NC Co-op candied jalapeños*, spinach*, tomato*, red onion*, cucumber*, on a NC Co-op sourdough roll with vegenaise*.
Add Popcorn Tofu \$1.00

Grilled Veggie Avocado \$9.99
PLU 1801
 Grilled organic vegetables, spinach*, tomato* on a whole wheat wrap with cream cheese and crushed avocado*.

Bountiful Garden \$7.99
PLU 1802
 NC Co-op hummus, crushed avocado*, cucumber*, shredded carrots*, seasonal micro greens*, red onion*, lettuce* on NC Co-op sliced sourdough bread.

Turkey Rancher \$9.99
PLU 1804
 Sliced turkey breast, bacon, lettuce*, tomato*, shredded carrot*, NC Co-op ranch dressing on a whole wheat wrap.

B.L.A.S.T \$9.99
PLU 1805
 Bacon, lettuce*, tomato*, crushed avocado*, seasonal micro greens*, and mayo on NC Co-op whole wheat or sliced sourdough bread.

Gourmet Turkey \$10.99
PLU 1806
 Brie, NC Co-op onion jam, spinach*, smoked turkey, sliced apple* on a NC Co-op sourdough roll.
Without turkey \$9.99

Vegan | Vegetarian | Whole sandwiches only
Gluten-Free option available upon request \$1.00
All meats are nitrate-free | *organic